

vjk korte baan25: Session: 3: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: untill 09:15. Teamleadmeeting @ Relay line-up input: The listed starttimes are indicative!

Coaches: Van Quaethem David HEADCOACH

Coaches: Guillemyen Lucas

Coaches: Herreman Kurt

Coaches: Vansteenkiste Victor

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 200M BACKSTROKE MEN 13-14 Heat:4, starttime: 09:41

Heat: 4/4 Lane : 4 Athlete: VANSTEENKISTE VICTOR Q-time: 02:15:45

PB (25m pool): 02:15.45 Sint-Amansberg 19/10/2025 PB (50m pool): 02:21.61 SB: 02:15.45 Sint-Amansberg 19/10/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.23		01:04.89		01:40.36		02:15.45
	00:31.23		00:33.66		00:35.47		00:35.09	

Coach feedback:

Event number: 15: 200M FREESTYLE MEN 13-14 Heat:4, starttime: 10:05

Heat: 4/8 Lane : 5 Athlete: GALLE LAURIS Q-time: 02:16:14

PB (25m pool): 02:16.14 Sint-Amansberg 19/10/2025 PB (50m pool): 02:21.21 SB: 02:16.14 Sint-Amansberg 19/10/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.27		01:06.23		01:42.34		02:16.14
	00:31.27		00:34.96		00:36.11		00:33.80	

Coach feedback:

Event number: 15: 200M FREESTYLE MEN 13-14 Heat:7, starttime: 10:13

Heat: 7/8 Lane : 4 Athlete: BAEYENS WARRE Q-time: 02:07:11

PB (25m pool): 02:07.11 Diksmuide 12/10/2025 PB (50m pool): 02:12.41 SB: 02:07.11 Diksmuide 12/10/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.14		01:02.30		01:35.20		02:07.11
	00:30.14		00:32.16		00:32.90		00:31.91	

Coach feedback:

vjk korte baan25: Session: 3: COACH evaluation sheet for TEAM: TIME

Event number: 15: 200M FREESTYLE MEN 13-14							Heat:8, starttime: 10:16	
Heat: 8/8 Lane : 1 Athlete: VANVYAENE MATTHYS							Q-time: 02:06:28	
PB (25m pool): 02:06.28 Diksmuide 12/10/2025				PB (50m pool): 02:09.76 SB: 02:06.28 Diksmuide 12/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:29.62		01:01.99		01:35.21		02:06.28
		00:29.62		00:32.37		00:33.22		00:31.07

Coach feedback:

Event number: 15: 200M FREESTYLE MEN 13-14							Heat:8, starttime: 10:16	
Heat: 8/8 Lane : 8 Athlete: BAERT MIEL							Q-time: 02:06:75	
PB (25m pool): 02:06.75 Sint-Amansberg 19/10/2025				PB (50m pool): 02:09.90 SB: 02:06.75 Sint-Amansberg 19/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:29.23		01:01.80		01:34.39		02:06.75
		00:29.23		00:32.57		00:32.59		00:32.36

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 13-14							Heat:3, starttime: 10:30	
Heat: 3/3 Lane : 3 Athlete: TACQ NATHAN							Q-time: 02:39:74	
PB (25m pool): 02:39.74 Sint-Amansberg 19/10/2025				PB (50m pool): 02:44.69 SB: 02:39.74 Sint-Amansberg 19/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.26		01:16.49		01:58.29		02:39.74
		00:36.26		00:40.23		00:41.80		00:41.45

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 13-14							Heat:3, starttime: 10:40	
Heat: 3/8 Lane : 4 Athlete: DRUWEL NORA							Q-time: 02:22:79	
PB (25m pool): 02:22.79 Sint-Amansberg 19/10/2025				PB (50m pool): 02:25.11 SB: 02:22.79 Sint-Amansberg 19/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.26		01:09.42		01:46.65		02:22.79
		00:33.26		00:36.16		00:37.23		00:36.14

Coach feedback:

vjk korte baan25: Session: 3: COACH evaluation sheet for TEAM: TIME

Event number: 19: 200M BUTTERFLY MEN 13-14							Heat:1, starttime: 10:58	
Heat: 1/1 Lane : 3 Athlete: COENE TIELE							Q-time: 03:07:38	
PB (25m pool): 03:07.38 leper 05/01/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.63		01:29.73		no time		03:07.38
	00:40.63		00:49.10					

Coach feedback:

Event number: 20: 200M BACKSTROKE WOMEN 13-14							Heat:4, starttime: 11:13	
Heat: 4/6 Lane : 7 Athlete: THIENPOND T NINA							Q-time: 02:39:01	
PB (25m pool): 02:39.01 Sint-Amansberg 19/10/2025				PB (50m pool): 02:45.39 SB: 02:39.01 Sint-Amansberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.66		01:18.14		01:59.61		02:39.01
	00:37.66		00:40.48			00:41.47		00:39.40

Coach feedback:

Event number: 21: 50M BACKSTROKE MEN 13-14					Heat:2, starttime: 11:26			
Heat: 2/3 Lane : 7 Athlete: COENE TIELE					Q-time: 00:37:60			
PB (25m pool): 00:37.60 Diksmuide 01/12/2024			PB (50m pool): 00:40.08 SB: no time					
	2 5 M	5 0 M						
PB		00:37.60						
	00:37.60							
						

Coach feedback:

Event number: 21: 50M BACKSTROKE MEN 13-14					Heat:3, starttime: 11:27			
Heat: 3/3 Lane : 3 Athlete: TACQ NATHAN					Q-time: 00:33:50			
PB (25m pool): 00:33.50 Diksmuide 17/11/2024			PB (50m pool): 00:44.62 SB: no time					
	2 5 M	5 0 M						
PB		00:33.50						
	00:33.50							
						

Coach feedback:

vjk korte baan25: Session: 3: COACH evaluation sheet for TEAM: TIME

Event number: 22: 50M BREASTSTROKE WOMEN 13-14		Heat:2, starttime: 11:30
Heat: 2/5 Lane : 5 Athlete: DRUWEL NORA		Q-time: 00:42:06
PB (25m pool): 00:42.06 Diksmuide 17/11/2024		PB (50m pool): 00:42.08 SB: no time
	25 M	50 M
PB		00:42.06
	00:42.06	

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN 13-14		Heat:6, starttime: 11:43
Heat: 6/10 Lane : 7 Athlete: THIENPOND T NINA		Q-time: 00:33:95
PB (25m pool): 00:33.95 Sint-Amansberg 19/10/2025		PB (50m pool): 00:34.23 SB: 00:33.95 Sint-Amansberg 19/10/2025
	25 M	50 M
PB		00:33.95
	00:33.95	

Coach feedback:

Event number: 25: 50M BREASTSTROKE MEN 13-14		Heat:2, starttime: 11:50
Heat: 2/5 Lane : 4 Athlete: VANVYAENE MATTHYS		Q-time: 00:40:34
PB (25m pool): 00:40.34 Diksmuide 17/11/2024		PB (50m pool): 00:52.90 SB: no time
	25 M	50 M
PB		00:40.34
	00:40.34	

Coach feedback:

Event number: 25: 50M BREASTSTROKE MEN 13-14		Heat:3, starttime: 11:51
Heat: 3/5 Lane : 8 Athlete: GALLE LAURIS		Q-time: 00:40:19
PB (25m pool): 00:40.19 Sint-Amansberg 19/10/2025		PB (50m pool): 00:47.94 SB: 00:40.19 Sint-Amansberg 19/10/2025
	25 M	50 M
PB		00:40.19
	00:40.19	

Coach feedback:

vjk korte baan25: Session: 3: COACH evaluation sheet for TEAM: TIME

Event number: 25: 50M BREASTSTROKE MEN 13-14		Heat:5, starttime: 11:53
Heat: 5/5 Lane : 2 Athlete: BAERT MIEL		Q-time: 00:35:56
PB (25m pool): 00:35.56 Diksmuide 17/11/2024		PB (50m pool): 00:37.15 SB: no time
	25 M	50 M
PB		00:35.56
	00:35.56	

Coach feedback:

Event number: 27: 50M BUTTERFLY MEN 13-14		Heat:4, starttime: 12:00
Heat: 4/7 Lane : 3 Athlete: BAEYENS WARRE		Q-time: 00:33:24
PB (25m pool): 00:34.54 Diksmuide 17/11/2024		PB (50m pool): 00:33.24 SB: no time
	25 M	50 M
PB		00:34.54
	00:34.54	

Coach feedback:

Event number: 27: 50M BUTTERFLY MEN 13-14		Heat:5, starttime: 12:01
Heat: 5/7 Lane : 5 Athlete: VANSTEENKISTE VICTOR		Q-time: 00:31:14
PB (25m pool): 00:32.94 Diksmuide 17/11/2024		PB (50m pool): 00:31.14 SB: no time
	25 M	50 M
PB		00:32.94
	00:32.94	

Coach feedback: